

REBOOT Physiotherapy

TeleHealth Consultations



What are TeleHealth Consultations?

TeleHealth Consultations are physiotherapy sessions done via an online video platform. *REBOOT Physiotherapy* uses **PhysiApp** which is a rehabilitation exercise prescription platform that also provides high quality, secure and encrypted video conferencing between clients and their physiotherapist. *PhysiApp* is free and easy to use for clients and requires no additional installation once you are logged on to the website or free app.

Who is suited to TeleHealth Consultations?

- **Patients post surgery** - professional advice and recommendations based on your stage of recovery, assessment of current function, movement and strength, exercise prescription with feedback on technique.
- **Patients with acute musculoskeletal injuries** - screening of injuries that may require further imaging, professional advice on early treatment management and exercise prescription.

Other **chronic conditions** can also be assessed and treated with TeleHealth Consultations and can also provide you great benefit in diagnosis, advice and exercise prescription. However it would be recommended, when possible, to have these conditions assessed in clinic to help determine the influence of other areas of the body on the symptomatic area.

What do you require?

To access TeleHealth Consultation with *PhysiApp* you require:

- Internet connection
- A computer, laptop or phone that has a camera and microphone.

Cost of TeleHealth Sessions - Payment is made via debit/credit card at the time of consultation.

Initial Consultation* - \$120^

Subsequent / Follow Up Consultations - \$95^

* For new clients only. If you have started treatment in clinic for your current condition you can book a subsequent consultation.

^ Correct at time of printing March 2020.

Can I claim on Private Health Insurance?

Yes, due to COVID-19 the private health industry is allowing patients to claim Tele-Health sessions. It is recommended that you check with your provider individually about your coverage.

Are NDIS, Medicare and DVA covered?

NDIS - yes with funding allocated for physiotherapy in your plan. *REBOOT Physiotherapy* accepts case managed or self managed participants.

Medicare Benefits Scheme - only able to claim if you qualify and have a Chronic Health Care Management Plan from your General Practitioner. Note a gap payment applies.

DVA - yes under your current treatment plan for one-on-one sessions only.

HOW TELEHEALTH CONSULTATIONS WORK

Ensure access to a computer / laptop / phone with a camera and internet connection.



Book a TeleHealth appointment by calling 0422 487 717 or booking online at www.rebootphysiotherapy.com.au



You will receive emails with:

- Intake forms to be completed online.
- Access to *PhysiApp*
- Access to REBOOT Physiotherapy at home knee measurements videos



A few minutes before your appointment log on to *PhysiApp* and wait for your physiotherapist to call.



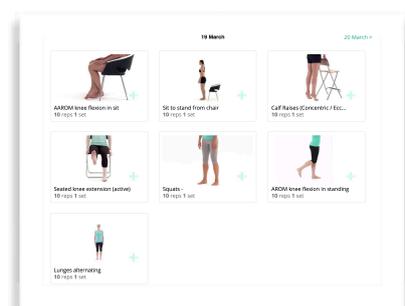
Your session will include:

- Discussion on your injury/surgery
- Physical assessment of your movement and function
- Advice and recommendations on your phase of recovery
- Prescription of exercises with immediate feedback on technique.

Card payment at the time of your appointment.



After your session you will have access to your individualised exercise program via *PhysiApp* with video, written and printable instructions.



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